

Brushy Mountain Cyclists Club

Promoting Cycling in Northwest North Carolina



TIFOSI OPTICS KING OF THE LAKE USAC-MTB STATE CHAMPIONSHIP SERIES

Overview

The Brushy Mtn Cyclists Club (BMCC) is hosting a three weekend series for 2008 called “The King of the Lake”. Tifosi Optics is the title sponsor for the series, providing prizes for the top three King of the Lake champions in each category. More information about Tifosi can be found at www.tifosioptics.com.

The series should be a blast with a laid back atmosphere, geared towards having fun. Each weekend will consist of three different race disciplines:

- Time Trial (TT) – favors the XC riders
- Dual Slalom (DS) – favors the gravity riders
- Super D (SD) – a blend of both gravity & XC

Each weekend will start off with the TT Saturday morning followed by DS in the afternoon. SD will conclude the weekend on Sunday with a best of two runs format.

This event is sanctioned by **USA Cycling (USAC)**. An annual or one-day USAC-MTB license will be required and available for purchase the day of the event. Expert classes require an annual license. Annual license can also be purchased in advance at www.usacycling.org. One-day license are \$5 per day.

USAC-MTB North Carolina State Championship status will be awarded for all three disciplines. Beginner and Sport riders may compete without an annual USAC-MTB license, but in order to be eligible for State Championship titles and State Championship medals, riders will need to have an annual license.

Points will be maintained for each discipline in order to crown champions but we will also be keeping separate points for the overall “King of the Lake” for each class. For the overall we will combine together your points for each discipline so in order to be competing for the King of the Lake you will have to run the same class in each discipline.

Special thanks to the U.S. Army Corps of Engineers (USACE) for allowing the use of their land for trail development and racing. The USACE has allotted numerous acres at W Kerr Scott Dam & Reservoir for trail development. Since November 2002, BMCC has led the development of more than 20 miles of single track at W Kerr Scott (www.saw.usace.army.mil/wkscott/index.htm) with additional trails being developed.

Race Dates

- May 3-4
- July 12-13
- Sept 13-14

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If rain is forecasted for the entire weekend then the race may be postponed to a later date that will be at least three weeks out. A decision will be made by 12:00 noon on the Friday before the event and posted on the BMCC forum (www.bmcc.us).

Entry Fees

- Time Trial - \$25 (includes post race meal)
- Dual Slalom - \$20
- Super D - \$25 (includes post race meal)
- Pee Wee – Free (includes post race meal for TT & SD)

No discount for registering for multiple classes. All registration will take place the day of the race. Pre-registration is not offered.

Weekend Schedule

Saturday

Time Trial	Time
Registration opens	8:00
Registration closes	9:00
Riders meeting	9:30
Race starts	10:00
Slalom	Time
Registration opens	2:00
Practice opens	2:00
Registration closes	3:00
Practice closes	3:30
Riders meeting	4:00
Qualifying starts	4:30

Sunday

Super D	Time
Registration opens	9:00
Practice opens	9:00
Registration closes	10:00
Practice closes	11:00
Riders meeting	11:30
Race Starts	12:00

If rain is forecasted for Friday or Saturday then the DS race maybe moved to Sunday afternoon. If the DS is moved to Sunday then the SD will consist of only one run instead of the best of two. A decision will be made by 12:00 noon on the Friday before the event and posted on the BMCC forum (www.bmcc.us).

Class Structure

1. Expert Men 19+
2. Sport Men 19+
3. Beginner Men 19+
4. Expert Women 19+
5. Sport/Beginner Women 19+
6. Junior 15-18
7. Junior 11-14

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8. Big Bike 19+ (bike must weigh a minimum of 37 pounds)
9. Pee Wee 10&under

Racers have the option to race a different class in each discipline. If a racer takes this option then points will only accumulate for each respective discipline and not go towards the King of the Lake standings. In order to vie for the King of the Lake championship racers must opt to race the same class in all three disciplines. If you are an expert rider in either XC or gravity then it is recommended that you race expert in all three disciplines if vying for the King of the Lake championship in order to avoid the appearance of “sandbagging”.

Discipline Points Structure

1. 200 + pack
2. 175 + pack
3. 155 + pack
4. 140 + pack
5. 130 + pack
6. 120 + pack
7. 110 + pack
8. 100 + pack
9. 90 + pack
10. and back 80 + pack

Plus any PayDirt points acquired for the overall discipline championship.

King of the Lake Series Points Structure

The King of the Lake (KOL) will be determined by combining the points of each individual discipline.

Example: Racer X has 300 points for Time Trail, 400 points for Dual Slalom & 350 points for Super D. This would result in KOL points total of 1050 (300 + 400+ 350 = 1050).

PayDirt Points Structure

BMCC will be awarding points for approved trail work (PayDirt). These points will count towards overall championship points for each discipline and ultimately towards the King of the Lake championship. PayDirt is designed to help motivate racers into giving back to the sport. Often we get so wrapped up in training that we take for granted the trails that we use for training and racing. A lot of effort is required to build and maintain trails. Those that have participated in trail projects can certainly appreciate what is required. Most trail systems are typically maintained by the faithful few who sacrifice their time that could otherwise be used for training/riding. Instead, they make this sacrifice willingly and unselfishly for the betterment of our sport.

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PayDirt points can be obtained at pre-approved locations other than the trails at W Kerr Scott Dam (aka Dark Mtn trails). If you live further than 1.5 hours from W Kerr Scott Dam then you can submit a request to work on trails at your local trail system. Request must be emailed to Matt Adams (mhadams2@charter.net) prior to performing the work. The trail system must be an authorized trail network with a NORBA, SORBA, Windrock, IMBA or other sanctioned club overseeing development. Unauthorized (rouge, maverick, etc.) trails will not qualify.

Individuals living within 1.5 hours of W Kerr Scott Dam (Hickory, Charlotte, Winston, Greensboro, High Point, Boone, etc.) must perform their PayDirt at the W Kerr Scott Dam during an official club trail day which will be posted at www.bmcc.us. BMCC will try to offer one big trail day per month, typically the first Saturday or Sunday of each month. One or two smaller trail days will also be offered during the weekends of each month.

PayDirt Certificate:

Racers are in charge of having a PayDirt certificate filled out & signed at each respective trail day by an authorized trail coordinator. Original PayDirt certificates must be submitted via USPS at the address below. Photo copies are not acceptable.

Brushy Mtn Cyclists Club
Attn: KOL PayDirt
PO Box 1281
North Wilkesboro, NC 28659

Submissions must indicate which class & discipline the points should be applied to. Additionally an email should be sent to Matt Adams (mhadams2@charter.net) notifying him that the points have been mailed. PayDirt certificates must be received no later than 5:00pm eastern time, September 29, 2008. Submissions received after this time period will not be allowed. The PayDirt certificate can be found at www.bmcc.us.

What qualifies:

Actual physical work (throwing dirt) conducted between February 1, 2008 and September 21, 2008. Volunteering at an event will not count towards PayDirt. Trail layout will not count towards PayDirt since this is normally conducted by the “faithful few” that have experience at this task. We realize that it is not practical to work 100% of the time during a trail day but individuals must work a majority of the time in order to accumulate hours.

PayDirt Points Structure:

100 points can be obtained per discipline (Time Trail, Dual Slalom, Super D) for a total of 300 points towards the King of the Lake championship. One hour equals 25 points. Therefore in order to obtain the full 300 points available you would have to perform 12 hours of PayDirt.

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Awards/Prizes

In order to maintain low entry fees our awards will be limited. Individual race winners (top 3 finishers) will be awarded medals only. Overall discipline winners (top 3 finishers) will be awarded **NORBA State Championship** medals. King of the Lake champions (top 3 finishers) will be awarded trophies provided by Cooks Sporting Goods (cookssports.com), cool Tifosi (www.tifosioptics.com) glasses and a modest prize.

Our budget for this series is lean and tight. Any profits will put back into the trails for maintenance and further development.

Class Sponsors

1. Expert Men 19+ --- Boone Bike & Touring (www.boonebike.com)
2. Sport Men 19+ --- Rock n Road Bicycles (rocknroadbicycles.com)
3. Beginner Men 19+ --- Clemmons Bicycle (www.clemmonsbicycle.com)
4. Expert Women 19+ --- Luna Cycles (lunacycles.blogspot.com)
5. Sport/Beginner Women 19+ --- Magic Cycles (www.magiccycles.com)
6. Junior 15-18 --- Cycletherapy (www.cycletherapybikes.com)
7. Junior 11-14 --- Sycamore Cycles (www.sycamorecycles.com)
8. Big Bike 19+ (bike must weigh a minimum of 37 pounds) --- Re:cycles Bike Shop (recyclesbikeshop.com)
9. Pee Wee 10&under --- Mock Orange Bikes (www.mockorangebikes.com)

Individual Race Sponsors

1. Time Trail Race #1 --- Boone Bike & Touring (www.boonebike.com)
2. Dual Slalom Race #1 --- Clemmons Bicycle (www.clemmonsbicycle.com)
3. Super D Race #1 --- Cycletherapy (www.cycletherapybikes.com)
4. Time Trail Race #2 --- Rock n Road Bicycles (rocknroadbicycles.com)
5. Dual Slalom Race #2 --- Luna Cycles (lunacycles.blogspot.com)
6. Super D Race #2 --- Magic Cycles (www.magiccycles.com)
7. Time Trail Race #3 --- Sycamore Cycles (www.sycamorecycles.com)
8. Dual Slalom Race # 3 --- Re:cycles Bike Shop (recyclesbikeshop.com)
9. Super D Race #3 --- Mock Orange Bikes (www.mockorangebikes.com)

Additional sponsors

- BURN Energy Drink (www.sourcedrinks.com)
- Cooks Sporting Goods (cookssports.com)
- Paceline Bicycles

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Sponsoring Hotels

- Holiday Inn – 336-838-1800 - \$89 per night (use promotional code: BMCC)
- Hampton Inn – 336-838-5000

Series Photographer

Kinetic Images (Robert Seth 336-209-8298) is the official series photographer. Photos will be posted following each event and available for purchase.

Course Information

Time Trail – the first race will take place on the Overmountain Victory Trail, racing from the Visitor’s Center to Bandit Roost. The second race will take place on Dark Mtn, utilizing the BURN loop. The third and final race will take place on the Overmountain Victory Trail, racing from Bandit’s Roost to the Visitor’s Center.

Dual Slalom – all three races will be on the same course located at Warrior Creek & Marley’s Ford.

Super D – all three races will be on the same course located at Dark Mtn.

Directions to course sites can be found at www.bmcc.us.

Race Format

Time Trial – racers will leave at one minute increments. Pee Wee’s will have a separate start area with a course distance of .5 to 1 mile.

Dual Slalom – racers will qualify using one lane. The fastest qualifier will be staged against the slowest qualifier, second fastest against second slowest, etc. with the faster qualifier having lane choice. Single elimination format will be utilized.

Super D – racers will leave at one minute increments. The best of two runs format will be utilized unless the Dual Slalom is moved to Sunday. If this happens then the Super D will be a single run format. Pee Wee’s will have a separate start area with a course distance of .25 to .5 mile.

Additional Information

Additional information can be obtained at www.bmcc.us or by contacting Matt Adams (mhadams2@charter.net).

“IT’S GOOD TO BE KING”

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www.bmcc.us